

**CHURCH IN  
THE VINEYARD**



**MILESTONES**

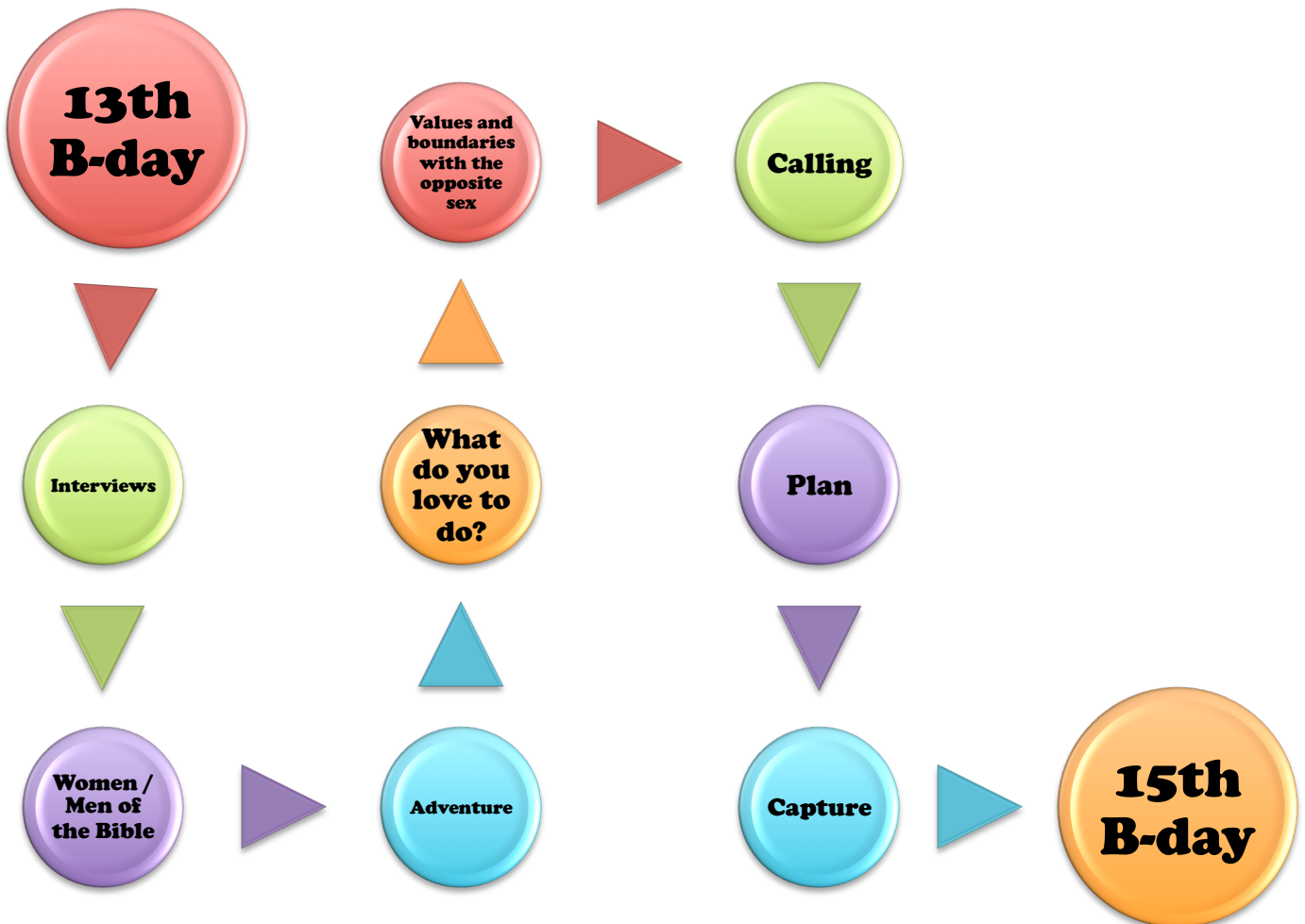
# Adult Milestone

mile•stone / 'mīl,stōn / (noun)

A significant or important event in history, in the career of a person; a turning point.

By Pastor Chip Roper

## A Process for Preparing your Teen for Life as an Adult



## **For Students**

What follows are questions every teen should answer as they strive to grow up into adulthood in God's world and under God's leadership. These questions and activities form a process of discovery and adventure through which you (as a student) start to develop a picture of what it will be like to live your unique life as an individual adult.

## **For Parents**

We suggest you be very involved in this process and encourage your student along each step of the way. Check in with them to see how they are doing. Plan a celebration at the end.

## **For Both**

We have set up this exercise as an experiential learning process. The focus is on questions. Creating a space where students can begin to find their own answers is the purpose of this milestone experience. We highly encourage that you customize the experience for your family.

## Questions to Answer

What did you think of the idea of working on this milestone? How have your feelings and thoughts changed as you've gone through the process.

## Interviews

Find five women (for the girls) or five men (for the boys) who will be willing to meet with you for an interview. Choose individuals you respect or find interesting. Interview them to learn about what they did right and what they'd do differently if they could live their lives over again.

List the women/men you interviewed:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

List the questions you asked them:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

What were 10 things that stood out from these conversations?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

If you had to pick one word to summarize what you gained from these conversations, what would it be?

If you had to summarize what you gained in a sentence, what would it be?



Pick a woman (girls)/man (boys) in the Bible who you most DON'T want to be like. Answer the following questions.

1. What is her/his story in a sentence?
2. What are the qualities you see that are bad or unattractive to you?
3. How do you think she/he got these qualities?
4. How are you tempted to be like her/him?
5. What difference will it make if you live this way or don't live this way?

## Go on an Adventure

Find a way to go on a trip with your dad or mom that incorporates adventure and following Jesus on a mission into the world.

What were five things you learned on your trip?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

What was the best thing about this trip?

What was the 2<sup>nd</sup> best thing about this trip?

What was the hardest or worst thing about this trip?

What did this trip change in you as far as how you see your life and what you want to do with it?

**Identify your Passion: What do you *LOVE* to do?**

What do you love to do, list the top 5 things.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

If you could do only one thing with your work/career, what would you do?

If you didn't have to make money, what would you do with your life?

## **Boys/Girls (Members of the opposite sex)**

What are your minimum requirements in a boy/girl you would date?

What are your expectations for the kind of man/woman you would marry?

What are your boundaries, your rules for this huge part of your life (to get you safely from the boys/girls you date to the man/woman you marry)?

## Calling

Knowing that God has made you unique, that he has given you life and given you to this family and put you on the planet in this time, what do you think God is calling you to do with your life?

***Calling is about our work, our family, and our friends.  
Calling is about the purpose we live for and how we live it out.***

God is in the business of trying to get people to know him as God, to receive Jesus so they will be forgiven and have God in their lives to help them change, to love others as a way of sharing the love he has given us, and to prepare us to spend eternity with him.

Calling will include how your life contributes to what God is doing in the world.

### What is your calling?

- In a list
  
  
  
  
  
  
  
  
  
  
- In a sentence
  
  
  
  
  
  
  
  
  
  
- In a word

## **Plan**

In order to live your calling, you have to have a plan. Divide your plan according to the next 3 periods of your life.

### **The present through the end of High School**

- What is the most important thing to accomplish here?
- How will you do it?
- What are other things you hope to accomplish?
- What resources do you need?
- In what areas do you need more maturity?
- What experiences do you hope for?
- What do you want to explore?
- What difference can you make during this period?
- What problems and pitfalls do you need to watch out for?

### **College Years**

- What is the most important thing to accomplish here?
- How will you do it?
- What are other things you hope to accomplish?
- What resources do you need?
- In what areas do you need more maturity?
- What experiences do you hope for?
- What do you want to explore?
- What difference can you make during this period?

## **The rest of your 20's**

- What is the most important thing to accomplish here?
- How will you do it?
- What are other things you hope to accomplish?
- What resources do you need?
- In what areas do you need more maturity?
- What experiences do you hope for?
- What do you want to explore?
- What difference can you make during this period?

## **Capture the Milestone Experience**

- Using your creativity, try to capture all that God has shown you over the years of this Milestone process.
- Show your parents the parts of the journey.
- Show your parents the conclusion in a word, a picture, a concept and/or a vision for the future.

**MAKE IT AWESOME!**

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